



Volleyball Match Stat Sheet

TEAM

OPPONENT

DATE

COMPETITION / LEVEL

RESULT

SET SCORES

Use tally marks during the match, then total each player after the set or match. Define reception grades before comparing results.

PLAYER		ATTACK			SERVE		SET / DEF.		BLOCK		RECEIVE				CONTEXT	
#	PLAYER	K	E	TA	SA	SE	AST	D	BS	BA	RE	3	2	1	0	NOTES / SET
1																
2																
3																
4																
5																
6																
7																
8																
9																
10																
11																
12																
13																
14																
TEAM TOTALS																

CALCULATE AFTER THE MATCH

- Hitting %

(K - E) / TA
- Passing average

(3 x #3 + 2 x #2 + 1 x #1) / receptions
- Side-out %

receiving rallies won / receiving rallies
- Break-point %

serving rallies won / serving rallies

TURN THE TOTALS INTO ONE COACHING DECISION

PATTERN WORTH REVIEWING

EVIDENCE / SAMPLE

NEXT-PRACTICE FOCUS



GUIDE + DIGITAL WORKFLOW